Go Team! Whizz-kidz
move a life forward
The Importance of Cheering

Do not underestimate the power of someone shouting your name and cheering you on – especially for a cyclist at mile 90 with very tired legs.

“Thanks again for all your support. The cheering points made a real difference and seeing all the ambassadors was fantastic and just the inspiration I needed to get through those last hard miles.”

“Whizz Kidz, thank you so much! Your support was absolutely fantastic – the cheer really helped and totally got me through”.

“Thanks for cheering me on so brilliantly! I can really say I enjoyed every minute and I never thought I would say that!”
Join us!

If you are planning on cheering on your loved ones on the day then get in touch and let us know!

**Mile 65: Dorking**

The chair of our Kidz Board, George Fielding, will be cheering from his home town of Dorking. If you have any family or friends in the Surrey area wanting to cheer you on, why not ask them to join him and wave the Whizz-Kidz flag!

*Cyclists are expected to pass through Dorking from 8:40am until 2:30pm.*

If you are in London and want to cheer on our cyclists, Whizz-Kidz will be cheering at the following points:

**Mile 10: Piccadilly** (near Green Park Station) from 7:00am for you early risers.

*Cyclists are expected to pass through Piccadilly from 6:30am until 9:50am.*

**Mile 90: Wimbledon** (near Wimbledon Station) from 10:00am

*Cyclists are expected to pass through Wimbledon from 9:50am until 4:50am.*
Whizz-Kidz supporters are encouraged to cheer all along the route but we will have **one main cheer point organised for Wimbledon**, an earlier one at Piccadilly as well as representation out in Dorking.

Come and join us and make us the loudest groups on the course! We need lots of great photos of Whizz-Kidz cyclists too so why not try and capture these images for you to remember the day and please send us your best ones!

We endeavour to be as close to where the maps overleaf indicate but if you can’t find us do look a little further down the road and keep an eye out for a mass of green t-shirts and banners!

To take a look at the entire route, [please visit the RideLondon website here.](#)
Whizz-Kidz will be taking to the streets nice and early on Sunday morning to cheer on our cycle team as they pass their very first major mile marker (10 miles!).

If you’re up and about, come join us at Piccadilly at 7:00am to catch the first glimpse of the cyclists since they set off from the Queen Elizabeth Olympic Park.

Cyclists are expected to pass through Piccadilly from 6:30am until 9:50am.

Whizz-Kidz will be along the side lines cheering on our cyclists until 10am. We will be easy to spot – just keep an eye out for our banners, balloons and t-shirts.

Please come and join us and wave along your loved one as they embark on the next 90 miles of their challenge!

We will be just outside Green Park - Green Park Station is accessible via the Piccadilly and Victoria Underground lines. Please see here for more details or visit www.tfl.gov.uk today.
Whizz-Kidz will be situated in Wimbledon ready to greet our weary (but triumphant!) cycle team.

This is Mile 90 along the route and cyclists will come around the corner on Wimbledon Hill Road ready to complete their 100 mile challenge.

The first of the cyclists are expected to pass through Wimbledon at 9:47am.

The last cyclists are expected to pass through Wimbledon at 4:47pm – don’t miss them!

Whizz-Kidz will be along the side lines cheering on our cyclists until 3:30pm. We will be easy to spot – just keep an eye out for our banners, balloons and t-shirts.

Please come and join us and help to create the loudest cheering point around the route!

Wimbledon Station is accessible via the District Line or by Overground.

Please see here for more details or visit www.tfl.gov.uk today.

What else is going on at Wimbledon?
The Love Wimbledon Street Party will also be taking place along this junction.

With music, street food and bicycle themed fun this really will be the best place along the route to soak up the RideLondon atmosphere!
Get Sociable!

**Twitter:**
Get Tweeting @Whizz-Kidz to let us know how the day is going! Don’t forget to hashtag! 
#teamwhizzkidz #RideLondon

**Facebook:**
Upload your photos to the Team Whizz-Kidz page at 
[http://www.facebook.com/TeamWhizzKidz](http://www.facebook.com/TeamWhizzKidz)

**Instagram:**
You can now follow us on Instagram @whizzkidzuk!
Don’t forget that you can hashtag on Instagram (#teamwhizzkidz) and even create and upload short 15 second videos – just enough time to catch some footage of your loved one as they cycle past!

**Television:**
Members of the press may want to ask you a few questions. If you could say something that follows our focus as a charity that would be great!

For example “**Whizz-Kidz supports children to have independence by providing wheelchairs and other mobility equipment**” or “**Whizz-Kidz has helped over 13,000 disabled children and young people since 1990, and need funds to help many more**”
Post Race Reception

Come along to our post-race celebrations at Whizz-Kidz HQ to meet up with your cyclist and share in their success whilst they recover.

The reception will be based in the Whizz-Kidz HQ in Portland House.

The office is a 10-15 min walk from the mall finishing area and about a 1 mile cycle. We will be ready for action from 12:00 pm and there are cafés in the area to buy refreshments (free food and drink for cyclists.) See the map overleaf for directions to the reception.

At our post-race reception, cyclists will be able to leave their bikes, have a warm shower, have a sports therapy massage and refuel with drinks and refreshment.

We strongly recommend that cyclists attend our post-race reception to start on the road to recovery. It is also the perfect place for you to meet them after the event as the finish line itself is often very hectic and extremely busy.
Where are we?

Whizz-Kidz HQ
4<sup>th</sup> Floor
Portland House
Bressenden Place
Victoria
London
SW1E 5BH

The Whizz-Kidz Headquarters is less than a mile away from the RideLondon finish line and just a 4 minute walk from Victoria Station.

Portland House is situated within Bressenden Place, an office and retail complex in Victoria. You will find the entrance to the office nestled between Marks and Spencer and La Tasca (the office is above Browns Bar).

There are lots of cafes and restaurants in the area should you want to have a wander whilst waiting for your cyclist to arrive, have a shower and a massage. You are of course welcome to wait in our office on the fourth floor and learn more about Whizz-Kidz and the work that we do.

We look forward to meeting you!
If you have any questions please get in touch!
T: 0207 233 9696
E: events@whizz-kidz.org.uk

Don’t forget to check out www.tfl.gov.uk for all your travel plans for Sunday 2nd August

You will find all the information you need for race day on our website at www.whizz-Kidz.org.uk