

## **Sky Diving – Frequently Asked Questions**

### **How do I sign up?**

Whizz-Kidz uses skydiving company Skyline, to organise all jumps. For further information, you can email us or call the Regional and Community Team on **020 7233 6600** and we'll send you an information pack and booking form. Alternatively, you can book online at [www.whizz-kidz.org.uk](http://www.whizz-kidz.org.uk).

### **What difference does my sponsorship money make?**

Whizz-Kidz relies on people like you to sustain its work and support the needs of disabled children and young people across the UK. Your sponsorship and fundraising efforts are invaluable in enabling us to help many more children – we simply couldn't do it without you!

Our aim is to ensure that every disabled child fulfils their potential and leads an active childhood. The service we provide is life changing and your contribution will have a lasting impact on their lives and the lives of their families too.

### **Why skydive?**

Skydiving is an amazing experience. Imagine standing at the edge of an open doorway in an aircraft flying at 10,000 feet - the noise of the engines and the wind ringing in your ears with only the outline of distant fields below. Now imagine leaning forward out of that doorway and letting go - falling forward into the clouds, diving down through the air as you start freefalling at over 120mph! Then imagine the peace and quiet as the canopy opens, the steering toggles come down either side of you and you begin a tranquil parachute descent from a mile up in the air, steering yourself back down to the centre of the drop zone below.

You can do this for free if you raise the minimum fundraising (from £360 depending on the type of jump you choose) target while at the same time raising money for Whizz-Kidz!

### **Where can I jump?**

There are over 20 British Parachute Association approved centres across the UK, all of which are listed in our information pack. Once Skyline has received your reservation form, they will do their best to place you at the nearest centre and if this is not possible, will call you to discuss the alternatives.

**When can I jump?**

Skyline have organised a select number of dates for you to choose from and will be happy to discuss your preferred date with you.

**Are there any restrictions?**

There are some restrictions on age and health which may prevent you from jumping. For all jumps your weight should be roughly in proportion with your height with the weight limit being 15 stone. You will be required to sign a medical form before your jump declaring your fitness to take part. Those under the age of 18 will need the medical form signed by a parent or guardian; those aged 40 and over, or those with a medical condition, will need it signed by their doctor.