



We're here  
for young  
wheelchair  
users



# Wheelchair Skills Training

Supporting young wheelchair users

There are two programmes of Wheelchair Skills Training (WST) that Whizz Kidz provides:

- Train the Trainer for professionals
- Young People's Wheelchair Skills Training

All of our Wheelchair Skills Training sessions are delivered face-to-face, free of charge at your school and are accredited by the Skills and Education Group.



# Train the Trainer

## What will you gain?

Our Train the Trainer Wheelchair Skills Training helps teachers and school staff develop a deeper understanding of young wheelchair users' perspectives and the confidence to support them in daily school life. The training will support you to:

- Understand the physical and social challenges wheelchair users face:**  
Experience the world from a wheelchair user's perspective and build confidence in how to support pupils more effectively.
- Support inclusive education goals:**  
Equip your school to strengthen your inclusion offer for young wheelchair users and your school community.

- Accredited for professionals:**  
Receive a certificate from the Skills and Education Group, recognising your learning and professional development.
- Hands-on and actionable:**  
These are interactive sessions. Get involved, try skills yourself, and leave with techniques you can use straight away.
- Flexible delivery:**  
Delivered on-site, for your team, and tailored to your school's needs with minimal disruption to the school day.

## Why Teachers like it

100% of attendees that completed our feedback survey agreed or strongly agreed that they had learnt enough to be able to pass on skills to young wheelchair users, had an increased understanding and awareness of how to support young wheelchair users and felt more confident to support young wheelchair users.

“The training was GREAT! It has really opened my eyes and has given me the skills to support the individual I work with. Thank you :)"

“The practical nature of the training enabled me to have a better understanding of the challenges wheelchair users face in their lives”

“Great morning with good pace and understanding from trainer and meeting our individual needs. Many thanks!”



# Wheelchair Skills Training for Young Wheelchair Users

**Our Wheelchair Skills Training sessions can be run with individual young people or small groups and are for children and young people:**

- Aged 2-25
- Who use a wheelchair all or some of the time
- Who use a manual or powered wheelchair

Our training sessions are delivered face to face and take a supportive and bespoke approach; the sessions help young people improve their wheelchair skills and move safely and with confidence.

Our standard training sessions last around one to two hours and are accredited, through annual audits and quality assurance processes, by the Skills and Education Group. Young people that meet all the learning outcomes will receive a Skills and Education Group certificate acknowledging their achievement.

Our standard sessions are:

- Beginner
- Advanced
- Back Wheel Balance - Manual wheelchair users only
- Looking after your wheelchair
- Using public transport
- Road safety
- Preparing to drive

Do not worry if you are unsure what training your young person or people need, our Trainers will evaluate the young person's current skills at the start of the session and decide with the young person or group what session would be most suitable.

Sessions can also be adapted for specific needs, the needs of the young person or schools and multiple sessions can also be arranged where they are needed.

## What do young people like about the training?

"I really enjoyed meeting other wheelchair users. Sharing our experiences & finding out how they cope with new challenges."

"1) I learnt that I have to look where I'm going so I don't crash. 2) I learnt to find a good place to park. 3) I learnt to control the wheelchair better."

"Flicking my wheels to get over bumps, going up the ramp and then into my classroom door, carrying drinks."

"I can push uphill on the playground and control my speed going downhill. I can also push doors open."

"I feel more confident - I enjoyed doing it and know what I can do."

## What do schools like about the training?

100% of school colleagues that completed our feedback survey agreed or strongly agreed that the training supports young wheelchair users to be more confident, independent and try new things. Comments included:

"The pupils and staff have loved having Whizz Kidz into school. [Whizz Kidz Colleague] has certainly made a positive impression on the pupils and staff."

"[Whizz Kidz Colleague] was really great at explaining everything, was wonderful with our young people and was able to answer all our questions"



"I know the pupils love the sessions and can see the impact this will have on them with developing their confidence."

For more information about any of our wheelchair skills training sessions email [wst@whizz-kidz.org.uk](mailto:wst@whizz-kidz.org.uk) or visit [Wheelchair Skills Training](#)

We also have the following resources on our website:

- [Wheelchair Skills Videos](#)
- [Wheelchair Maintenance Videos](#)

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Whizz Kidz

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